

# desserts

**French Butter Pancakes** £5.25

Served with orange segments in a hot, tangy orange sauce

**Individual Lemon Tart** £5.25

Served with raspberry coulis

**American Style Vanilla Cheesecake** £5.25

Finished dressed with poached strawberries

**Whole Poached Pear** £5.25

Masked in dark chocolate sauce

**Traditional Spotted Dick** £5.25

Served with hot custard sauce

**Fresh Fruit Salad** £5.25

Accompanied by fresh, sweetened whipped cream

**Selection of House Ice Creams** £5.25

Topped with seasonal berries

**Selection of English and Continental Cheeses** £5.25

Served with biscuits, grapes, apple and celery

## Costa Coffee Selection

Americano	£2.75
Espresso (small)	£1.75
Espresso (large)	£2.00
Espresso Macchiato (milk)	£2.00
Capuccino	£2.75
Caffe Latte	£2.50
Caramel Latte	£3.00
Mochaccino	£3.00
Hot Chocolate	£2.75
Iced Coffee	£2.50
Tea Selection	£3.00

## Liqueur Coffee

Irish Coffee (Jameson)	£5.50
Calypso Coffee (Tia Maria)	£5.50
Royal French Coffee (Cognac)	£5.50
Prince Charles Coffee (Drambuie)	£5.50

our kitchen is open all day long

**Our Business Breakfast** Just £13.95

Gives you the run of our extensive buffet, plus the choice of traditional cooked dishes

**Chef's Special** £14.95

A 3-course dinner served Monday–Thursday from the Chef's special selection

**Browsing the Bar**

The Island Bar for light lunches and promotional nights

**The Shoppers Lunch** £9.95

A main course lunch with a glass of wine for the shopper or business person

**Our Celebrated Sunday Lunch** £13.95

(children under 12 half price)

Enjoy a relaxing and sumptuous 3-course Sunday lunch 12.30-3.30 every Sunday.

Help yourself to a selection from the starter buffet and then visit the carvery for a selection of freshly roasted meats and poultry and help yourself to freshly prepared potatoes and vegetables. Round everything off with our fresh fruit salad and cold dessert selection.

Customers concerned about the presence of nuts, seeds or other ingredients in our food are welcome to ask an Associate for assistance when choosing their meal.

All prices are inclusive of VAT at 17.5%.  
All items on the menu are subject to availability.

**If you require this menu in large print, please ask an Associate.**

# starters

## European Selection

**Roasted Red Pepper and Sweet Potato Soup** £4.45

Topped with toasted bloomer bread croutons

**Salmon, Prawn and Red Onion Fishcakes** £5.75

Set on a bouquet of salad and served with a tangy tomato chutney

**Beef Tomato and Mozzarella Salad** £6.75

Finished with chopped basil, cracked black pepper and sun-blushed tomato dressing

## Asian Selection

**South Indian Mulligatawny**

Garnished with rice and lemon or with chicken, rice and lemon

£4.25

£4.25

**Asian Style Potato Tikkis**

Shallow fried and served with mint raitta and tamarind sauce

£6.25

## Classic Selection

**French Onion Soup**

£4.25

**Fanned Avocado served with Prawns**

And marie rose sauce

£5.75

**Rich Chicken Liver Paté**

Accompanied by tangy cumberland sauce and served with toasted brown bread

£6.45

**Freshly Sliced Italian Parma Ham**

Served with fanned galia melon

£6.45

**Sliced Fillet of Smoked Scottish Salmon**

Set on a bed of lettuce and served with horseradish mayonnaise

£6.75

# mains

## European Selection

**Scotch Fillet of Beef**

£14.95

Set on a griddled brioche crouton and masked with a pear and white balsamic vinegar hollandaise

Or plain grilled and served with sauteed mushrooms and griddled beef tomato

Both served with home-cut fries

**Aubergine, Tomato and Mozzarella Parcels**

£8.95

Baked in a rich Italian gravy and finished with drizzled balsamic syrup

**Tower Roasted Rack of Lamb**

£13.95

Set on a bed of dauphinoise potato and finished with red wine glazed shallots

**Mixed Grill**

£14.25

Kebab of beef fillet, lamb leg, sausage, smoked bacon and mushroom served on a bed of saffron and olive rice with grilled beef tomato and finished with chilli oil

**Fillets of Red Snapper, Salmon and Tuna**

£14.25

Cooked in an infusion of fennel, tomato and white wine and served with griddled garlic bread

**Lambs Liver**

£10.95

Thinly sliced and pan-fried with smoked bacon, served on a galette potato with rich onion gravy

**Italian Style Potato Dumplings**

£9.45

Simmered in a rich vegetable stock with mediterranean vegetables and topped with parmesan shavings

## Classic Selection

**Peppered Sirloin Steak**

£12.75

Pan-fried and finished with a brandy cream sauce

**Pan-fried Minute Steak 'Diane'**

£12.95

With mustard, shallots, mushrooms, worcester sauce and finished with cream

**Coq-au-vin**

£10.45

With baby onions, button mushrooms, bacon, celery and herbs in a rich red wine stock and served with rice

**Fillet of Salmon**

£11.45

Poached in a delicate fish fume stock and served with a creamed dill sauce

**Fillet of Beef Chasseur**

£14.25

Cooked to your liking and served with a tomato, herb, mushroom and white wine sauce

All the above served with vegetables and potatoes

## Asian Selection

**Succulent Pieces of Lamb cooked Rogan Josh Style**

£13.50

In aromatic Indian spices and served with fragrant basmati rice

**Chicken Tikka**

£11.25

Cooked in our tandoor oven and served sizzling with naan bread, catchumber salad and raitta

**Indian Paneer Cottage Cheese**

£9.25

Cooked khaas mirch style in rich tomato and cashew nut gravy, garnished with sauteed mixed pepper and onions and served with naan bread

**Breast of Chicken cooked Nasi Gorang Style**

£11.95

Served on a bed of prawn and spring onion rice and finished with a spicy peanut sauce and prawn crackers

**Vegetables simmered in an Aromatic Indian Gravy**

£9.95

Served biryani style with mint yoghurt raitta

## Healthy Option

**Tossed Pasta Salad**

£6.95

Tagliatelle, red chard, lambs lettuce, shaved parmesan cheese, shaved cucumber and orange segments

**Whole Trout**

£11.95

Marinated in whole-grain mustard and alcohol-free white wine, dry roasted in our tandoor oven and served with a salad of new potatoes, watercress and sliced radish

**Breast of Maize Fed Chicken**

£12.25

Baked in foil with orange segments and red onion, served with a timbale of saffron rice and accompanied by chive cottage cheese

**Avocado and Pear**

£8.25

Tossed with salad leaves, plum tomatoes and baby mozzarella and finished with a roasted onion and shallot dressing

**Tossed Nicoise Salad**

£9.25

With french beans, plum tomatoes, egg and flaked tuna fillet

## Side Orders

Tossed Mixed or Green Salad with French, Italian, blue cheese dressing or oil and vineger

£3.25

New Potato, Watercress, and Radish Salad

£1.95

Steamed Rice

£2.55

Naan Bread

£1.75

Griddled Garlic Bread

£1.75

Home Cut Fries

£2.15

Selection of Vegetables and Potatoes

£3.25